

Bollywood

Environment: Like a film set- bench on platform, lamppost, brick backdrop, assorted props: Umbrellas, dog, walking stick, hat, shades, newspaper etc. Sound effects area - with gravel in silver trays on black, rainsticks and microphone. Pre-prepared sounds on looper - dog, train, rain, phone. Green room with beautifully textured 'Bollywood costumes', saris, bracelets, necklaces, hair accessories, make-up, nail varnish and mirrors. Director and old woman characters. Film camera on set to record.



Sound effects Enter to sound of footsteps on gravel, step in trays, tapping feet, marching running, use hands to make sounds if appropriate. Explore all the qualities of the stones, smoothing, scrunching, wiggling fingers. Begin dropping small stones into trays - sounds like rain dripping, plopping, build to rainstorm, add rainsticks and vocals. catch vocal sounds with microphone

Green Room Director calls extras to costume - carers and clients choose coloured, textured costumes and cloths and dress up in front of mirrors. have make-up, feel soft brushes on cheeks, arms, hands, feet, do hair and nails. Adorn and highlight individuals. Explore bracelets and necklaces - sounds as they run through fingers, colours catching the lights. Play with mirrors, looking at selves and others, bending, catching lights. Prepare for stardom!



Action! Director calls extras to set, they take own places or are directed, choosing props and situations. Some individuals can take over 'leading roles' and direct the action with facilitators responding. For other groups, facilitators initiate and enable responses and interactions - i.e. enter old lady with dog, bag, phone, no ticket. Many different scenarios are facilitated with interaction from each member of the group. Sound effects (with which they are already familiar) enhance the action and prompt responses i.e. rain - all get umbrellas, train - missed again! Phone - whose is it?

Bollywood Dance Number All trains delayed, cue dance scene - Bhangra rhythms kick in, add bells to ankles and wrists (or hold) and dance together, swirling twirling, stepping rhythms. When finished - 'That's a Rap' - applause. Rest with Bombay Mix.



Evaluation Really interesting workshop. Quickly learned that we needed back-up scenarios to make people feel comfortable on set and inspire responses and interaction from many of the clients. Some really enjoyed direction, others responded as a group of disparate passengers who'd been flung into situations together. Surprisingly, the groups most expected to respond in a more pro-active way didn't and vice-versa. Perhaps this was too early on in the term for many of our clients to feel confident enough to engage in this way.