

Head in the Clouds

Environment Voile mountains and stripped plastic rain at far end. Sheets of corrugated plastic running length of studio like a river. Bowls of blue, green, white balls to roll down like raindrops. Sparkly rain twizzlesticks. Bowls of aqua-gel raindrops. Large water bottles with balls inside. White cloud with net and balloons above heads. White quilts and parachute cloud area on floor. Mosquito net tent holding kapok. Moving cloud projections. White chimes and metallophones. Marshmallows.



Raining a River Find raindrop balls and roll them down the river, gathering in pool at end. Spin the sparkly twizzlesticks and see them glisten as they twirl above, around, below. Dip your hands in bowls of aquagel raindrops - feel them with your fingers and toes, watch them drip drop into bowls, hold a single raindrop in the palm of your hand. Play the water bottles and listen to the sounds of tumbling, bouncing balls - build with rhythms and songs.



Head in the Clouds

Climb onto the cloud, roll and play on the soft, fluffy, whiteness. Light, airy, white balloons drift overhead. Bury yourselves in soft kapok, immersed in the cloud. Play white chimes and metallophones and build gentle cloud music as you watch beautiful moving clouds projected above you. Rest in the softness and taste marshmallow clouds.



Observations An environmentally challenging workshop for the first term! As most clients have already worked at least a year with us, they all took it in their stride and everyone engaged beautifully with the rolling river which dissected the space so dramatically. Very playfully and visually arresting - great deal of 'tracking'. Water bottle rhythms created a change in dynamic and sounded just like falling rain - lots of individual exploration of different ways of making sounds with them. Cloud became a soft, safe space where people could chill, play make music or just listen and watch projections.

