Mont St Victoire - Cezanne (neckscarves and hats)

Environment 3 market stalls with stripey awnings - fruit, veg + dried peas / hats, scarves, ribbons and wool, mirror / French baguettes, variety of herbs and lavender. Shopping baskets and 'euros'. Green area for Boules and dancing with ribbon sticks, fountain in pond, around which to picnic. French bread, cheese, cucumber slices and orange juice for picnic.



Market Day Fill your baskets with fruit and veg of your own choosing. Feel the different shapes and textures, see the different colours, smell them. Choose a hat and decorate with lengths of coloured ribbon, Feel the beautiful scarves, dance with them and adorn yourselves. Buy some bread and smell the herbs, feel the lavender (use purple died rice with lavender oil if you don't have any. Compare your shopping with others, pay for your items.











Games and Dancing While waiting for the 'Bar' to open, have a game of boules on the green, taking it in turns to throw the balls and cheering each other on. When the game is over, dance with the ribbon sticks on this sunny day, seeing the ribbons fly, hearing the rhythms as you tap each other's and your own sticks and whirl around.











Picnic by the Pond The bar is open, settle round the pond and listen to the splashing sounds of the fountain, see it sparkle in the light and dip your hands and feet in to cool down. massage hands/feet with lavender water and share the food and drink that is brought by the bar keeper. Relax and enjoy these moments together before heading home with your shopping.











Observations A familiar activity in an unfamiliar setting. Demonstrating produce on the stalls and 'shopping' helped clients and carers to understand how to engage, each with their own basket and money. It really became a bustling market in France, with the music setting the scene. Boules was greatly enjoyed by all, with short lengths of half-pipe useful for allowing wheelchair users with limited movement to participate. Need more bells and ribbons on the dancing sticks to make them effective. The sounds of the fountain added to the relaxing atmosphere and the picnic was greatly enjoyed, with something for everyone's taste.

