

Polar Bear (hats and scarves)

Environment The Arctic - ice area; floor covered with silver space blankets, large mirror in the middle. Space blankets all around, sheets of foil for making ice objects, silver rah-rahs, blue/white plastic ice-cubes. Silver vibratones. Snow area: white parachute covering floor, ice pool in middle full of (hidden) silver fish (cut-out space blanket) Kapok, 'snowballs', fishing lines/nets. White box ice blocks, electric fans, snowing (mirror ball). Polar bear - white onesie and mask. Marshmallow treats.



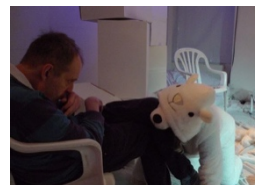
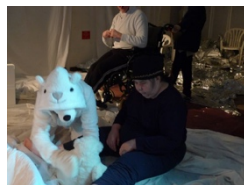
Ice Step on ice 'sheets', skate and slide, wheel over and hear the crunching, cracking sounds. Play with shimmering space blankets, hear the sounds, make rhythms with hands and feet, hide underneath, crumple, twist and ripple them. Use sheets of baking foil to make icicles, ice balls, bracelets and crowns. See the rah-rahs dance and shimmer in the light. Play cool sounds with haunting vibratones



Snow Find piles of kapok snow, feel its soft, fluffy texture, roll in it, make piles here and there, build a snowman. Have a snowball fight, catching in baskets, in the pool. The ice cracks and silver fish are revealed. Grab your nets and lines and start fishing. See the silver fish jump and dance in the air - catch them if you can



Polar Bear An icy breeze stirs the air (fans) and snow is falling all around. Repair the hole in the igloo, helping each other carry blocks, building them up, knocking them down. You hear a roar and there appears a giant polar bear, looking for her cubs. Make friends, feed her fish, feel her soft white fur before waving goodbye. Settle down with soft white marshmallows, watching the snowflakes twirl and spin around you.



Observations A lot of options in this workshop! You don't need to use them all with all groups, select the most suitable activities for the clients. Space blankets stuck to the floor with tape surprisingly lasted the whole week. Good to have spares around space to use in different ways. Vibratones encouraged a good listening section. Snow play was fun and easily engaged all clients. Lighting difficult for blizzard. Polar bear was great - even nervous clients made friends in the end :)

