Pyramid

Environment: Low End - preparation area, bead curtains, bowls of warm, scented water and towels, kohl eye-liner, sparkly gold lippy, perfume oils, chiffon veils, hip scarves, sparkling water to drink, grapes and pomegranates, gold artefacts, jewellery and box, staves. High end - pharaoh with death mask, on plinth, golden wind gong, hardboard pathway to altar, white boxes, OHP black sand projection, trays of sand.



Getting ready Wash hands/feet in scented water, apply make-up, nail varnish and perfume. Refresh yourselves with spring water, grapes and pomegranate seeds. Choose gold jewellery, hear the jingle jangle sounds in golden bowls. Find gold artefacts and each person places one in box. Dress with veils and jangling hip belts, take staves and process to Pharaoh.



Pharaoh Process down hardboard path with gifts. Use staves to tap rhythms, dance, coin belts jangling as you move. You greet and dance for the dead king. The gong sounds - individuals can take a turn, initiating the closing of the tomb. The whole group is involved in building the wall in front of the Pharaoh, passing bricks (boxes) to each other, building higher until wall is complete.











Sand drawings Projection is lit and each person draws their mark in the sand which is reflected across the wall. Sand trays emerge so others can play with the sand, making pictures or simply feeling textures, making sounds. When the last mark is made the gong sounds and we leave the Pharaoh in his beautiful tomb.







Observations Initial washing/dressing ceremony settled group and enabled 1-1 pampering and attention. A 'high priest' emerged in one group to oversee proceedings. Food and drink encouraged group to stay together. Jangly anklets and coin belts added sound quality to the action. dressing greatly enjoyed. Staves added focus/activity to procession which many clients would otherwise find hard - initiated movement and dancing which was enhanced by jangly accessories. Many loved playing gong/feeling vibrations. The building of the wall worked really well and enabled inclusion of all clients in one, focused activity. Sand projection stunning, many clients making connection with drawing on wall. Others simply enjoyed playing with the sand trays.

