Rooftop

Environment Low end - bedroom, bed, chairs, quilts, cushions, pillows, lamp, books, cuddly toys, microphone. Windows partition. High end - Rooftop, upside drum chimney pots, lit skyline, clear plastic corrugated sheets, sunset, moon, Chimneys, cat puppet and kittens, star projections, mirror ball stars, flashing light balls, star man puppet, polystyrene balls with UV scarves and smells inside (cloves, juniper etc.) UV facepaints, blankets and flask of mulled apple juice.



Time for bed Snuggle up in bedroom, look at storybooks, use microphone to tell stories, sing lullabies, play with soft toys, try and lull each other to sleep - count sheep!









Rooftop See lit skyline through windows, climb out through window onto roof, call down chimneys, dance on rooftop, play the chimney pot drums. Up, rhythmic section, fun, rocking out!

Cat Find cat puppet and kittens - gentle caring section with individual 1-1 work









Stars Sun sets and stars come out, spin the mirror ball and see the stars moving, bring out 'lightballs' and dance with them, or roll them down the plastic sheets - onto floor, laps, wheelchairs, another sheet. Starman puppet appears - interacts with each student, encouraging tracking, touch, dance, play. Lights the star tree.



Moons - Brings out polystyrene moons for each person, open and enjoy the different smells, dance with the scarves

UV If time, light the UV scarves and introduce 'Starpaints' - bright stars on hands, feet, cheeks - glowing magically in the dark.

Chill Bring out blankets and flask of warm mulled apple juice. Share and rest under a starlit sky



Evaluation Contrasting dynamics of each end work well. Bedroom so cosy, often hard to encourage people out! Chimney pot rock worked really well for raising the energy and many clients who often find playing instruments hard joined in with smiles and laughter. Cat section successful - induced caring and touch. Light balls particularly effective - visually arresting, accessible to all clients including wheelchair users. Starman puppet with lights on head held the attention of most clients. Smells worked well, though' really needed topping up by Friday. Little time for UV section - only used it once. Mulled apple juice enjoyed by all!