

Amy

Environment Aircraft hangar: Flip chart for drawing planes/maps, maps and plane pictures on walls, raised propeller on stand, variety of metallic objects, tubing and instruments : washing machine drums, brazier, agogos, cowbells, beaters, plastic water bottles with balls inside, dusters and mops for cleaning, silver space blankets, engine sound on looper. Calisthenics projection, broom handles (for wheelchair support). Hanging hammock swing. Aeroplane projection, leaving runway and flying over landscape below, with sound, electric fans for breeze, parachute.



Engine repairs Meet Amy tinkering with engine parts. Help her carry out repairs; explore textures and sounds of a variety of objects and instruments, tapping, scraping, cleaning, joining together, taking apart. Build rhythmic working sounds, helping each other and playing together. Push/pull engine parts together and attempt to start propeller. It works!



Keep Fit Prepare for a long flight by doing some exercises. Join in with the boys; standing or sitting. For the less mobile, just holding tight to a broom handle and feeling the push/pull, up/down, side-side motions will be enjoyed and give a sense of achievement.



Fly Away Opportunities for 'flying' in the hammock seat. Then fasten your seatbelts and watch as the aeroplane leaves the runway and soars over the land below, slight turbulence as you become airborne and the fans provide a breeze at high altitude. Notice landmarks below - houses, roads, lakes, rivers and mountains. Relax and enjoy your flight.....until engine trouble means you have to parachute down to land again...leaving Amy to splutter on her way....



Observations Fixing the engine enabled exploration of a huge variety of props and sounds. It was also fun and gave a sense of unity to the group, being a cooperative activity which ultimately ended in a great sense of wonder when the propeller finally turns and the engine roars into life. Exercises section difficult for some, but the introduction of broom handles as a supporting prop allowed even those with very limited movement to engage. Many clients really enjoyed the 'freedom' of the hammock swing. The in-flight projection worked well, really felt like flying, many clients identifying landmarks as they flew over them. Parachute greatly enjoyed by clients and carers alike.

