

## Autumn Watch

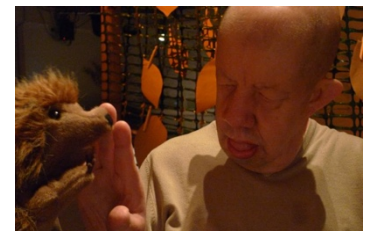
**Environment** Tree limbs and branches round studio. Area filled with autumn leaves. Woodland puppets - squirrel, hedgehog, rabbit, mouse, fox. Wooden bowls of chestnuts, hazelnuts, pinecones, conkers. Wood instruments, xylophones, balaphones, tongues drums, beaters, nut shakers. Grey voiles to pull out as mist. Torches.



**Leaves** Walk through, flick, roll in leaves, throw in air and watch them flutter down, listen to the sounds of crunching as you move, bury each other and play.



**Animals** Squirrel appears, looking for food - individual interactions. Joined by hedgehog, rabbit etc. Opportunities for touching, stroking, clients can animate puppets too.



**Nuts** Find bowls of nuts, play with the sounds as they drop in bowls, roll round and round, shake them and feel them, smooth and shiny

**Wood sounds** Add instruments and listen as you roll the nuts over them, drop them, tap them - hear the different sounds Add beaters and play the wood sounds, listening to each other and building rhythms and tunes.

**Gather** the nuts and hide them away for winter, singing as you work together



**Mist** Bring out the voiles across the space as lighting fades. Play with torches, calling each other as you find your way home through the mist

**Observations** Totally multisensory. Took a while for people to understand that it was ok to get down among the leaves and have fun throwing them in the air and burying selves. Puppets were very successful, being small, soft and non-threatening - lots of positive interactions and children particularly liked animating puppets themselves - very imaginative! Particular sound qualities of nuts and woods was engaging and focusing. Lots of good listening and sensitive playing. Rarely reached the final section of the workshop! Save for another day.

