Chesil Beach

Environment: Floorpiece filled with gravel, large stones and boulders, giant shells. Cloud projection on wall, sea on gravel sound sample. Rainsticks, ocean drums, resonance boards, wooden bowls. Picnic hamper with tea and biscuits, picnic blankets. Star projector. Blue/green voiles at low end for those who like their own space.



Beach Find the beach shoes and step on the beach. Hear the sound of gravel under your feet, walk, slide, jump and dance around, making scrunchy sounds and rhythms. Feel with your fingers, drop and roll around. Let it tumble into bowls, down resonance boards, swoosh around and make sea sounds.









Stones Carry the big stones to the beach, helping each other and drop, roll, tap together, make patterns - lines, spirals, circles, piles across the beach.

Sea and shells Add rainsticks and ocean drums - hear the sounds of the sea rolling over the stones.











Picnic Spread out blankets and settle down. Enjoy sharing drinks and biscuits together the lie down as the sunsets and chill, listening to the sounds of the sea and watching the stars twinkling in the sky.

Observations Big open space, gentle sounds, light and airy. Free, abstract workshop giving space for individuals to choose their activities. Once clients became used to it, the gravel proved to be a good sensory resource - offering a variety of activities - sound, feel, fun. The children became quickly engaged and focused and there was v. little 'throwing' throughout the whole week. Picnic brought group together and flowed well into a very relaxed chill under the stars.



