

Exploring

Everything that we do involves exploring, be it experiencing new sounds, textures, tastes, landscapes, other cultures, experiences/materials, reality or fantasy, concrete or abstract. All give opportunities for offering clients ways of accessing multisensory worlds of experience and creatively expressing themselves within them. When creating such exploratory environments, it is worth considering some key elements to the activity;

- how to get there - making travel plans, looking at maps, buying tickets etc, travelling overland or sea, by climbing mountains, or crossing rivers, through a dark forest, or shifting mists, on a boat, plane, sledge or on foot - all give opportunities for creating different experiences and modes of travel
- a specific costume/accessory - a straw sunhat for a desert trip, goggles and flippers for diving, a headtorch for a cave
- the destination - wherever you choose to go will inspire ideas for appropriate props and resources to include, for example, the surface of Mars might be a place to explore sand and rocks and strange creatures, a step back to a Saxon village would need grasses, fire and a simple shelter, at the bottom of the sea one might discover a coral reef and colored fish
- sounds and music encountered in a particular place - this might involve sound effects, vocalising or specific sets of instruments i.e. metallic chimes in an iceworld, wooden instruments in a woodland glade
- a focused, communal activity is good for drawing a group together, encouraging interaction and socialisation, such as working together to gather things, or preparing a meal, interacting with a character/puppet, or simply exploring the resources offered
- meeting a character/puppet who might inhabit this environment enables communication and interaction in a variety of ways; being brave, caring for, feeding, dancing with, having fun!
- a conclusion - often a good place for a 'chill', somewhere the group can relax together when they have achieved their goal; around a fire perhaps or lying under a starry sky.

Links

Stretchwrap (Prop)

Cloths (Prop)

Workshops - Expedition, Bush Ranger, Mindscape

Videos

All at sea

Bug hunting

Take off