Harmonicas and Ocarinas

Sometimes participants have difficulty playing wind instruments, but these are relatively easy on which to produce a sound. They have a variety of uses...

Harmonicas - Create sounds by exhaling and inhaling while moving the instrument side to side across your lips to produce different notes. In this way, harmonicas can be used to encourage and reinforce the outward blow and inward sucking actions.

They can be used specifically in appropriate environments where they would culturally be found, as in America, brought by emigrants. They are great in 'chills-outs' in a log cabin for example.

An ocarina is a type of vessel flute with four to twelve finger holes. It is traditionally made from clay, but other materials are also used. Ocarinas can mimic the sounds of birds beautifully. It is essential to have one per person and they will need cleaning at the end of each session.

Associated Workshops - Snake Oil, Saguaro, American Gothic, Crow 2 (Jungle)

Video Harmonicas