Heart

Environment Low End - Red and white blood cells (plastic and polystyrene balls, varying sizes) Veins and arteries - ducting, timpani and globes, red water gels, tambours, red flashing lights, paddling pool filled with red voiles. High End - Red/clear stretch wrap across space like membranes, giant heart balloon. Doctor character + stethoscopes, bodhrans, and gathering drum, giant red ball, trampete, red heart balloons, red streamers and voiles. Medication - red juice and Love Heart tablets.



Blood Cells Bouncing, falling, rolling cells, send them down tubes, roll them in globes and on hoops, hear them drop on tambours, spin them in globes. Call down tubes, connect with others, see them dance. Feel the cold, wet water gels.











Doctor Come to the waiting room, the Dr is there, ready to listen to your heartbeat, take your pulse. Build 'heartbeat' rhythms on bodhrans and drums, feel the vibrations through giant ball, pulsing and bouncing on ball and trampete, making heart balloons bob and dance around the space.











Blood See the blood flow as streamers and voiles swirl around the space in constantly flowing lines, then take your medication - red juice and love hearts, relaxing gently on velvety red blankets, as heartbeat slows to a gentle pulse.











Observations Good variety of small and large multisensory props for exploratory play. The playfulness encouraged plenty of engagement. Drumming section created a sharp change in dynamic - enjoyed by all. Excellent interactions with Dr character, probably a familiar figure in their lives - taken very seriously! Felt clients not so familiar as they used to be with the giant physio ball and trampete - also more nervous - is this because they now have less physical activity in their lives? Several clients on holiday at present therefore groups tending to be smaller, much more individual engagement possible as a result.

