

Life of Pi

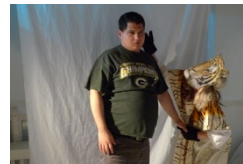
Environment Sail cloth boat, steering wheel, ocean drums, rainstick oars, suncream, tiger hidden in cabin, tiger growl sample. High end - helium fish, underwater blues/greens, metallophone. UV lights and assorted UV cloths, sea creatures, chalk pens and face-paints.



Lifeboat Swim for the lifeboat, feel the waves rocking the boat, hear the sound of ocean drums, watch and feel the vibrations of the balls rolling and tipping and swaying. Row with the rainstick oars, working individually or in pairs. The sea calms, the sun is beating down, so massage suncream onto arms, legs and faces. Time for relaxing 1-1 work.

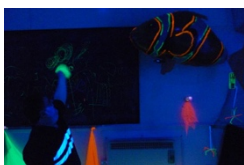


Tiger Growls can be heard from the back of the boat. A tiger appears, overcome your fear and make friends with the tiger, feel his soft fur, play with his tail, hear him purring, look after him. As the tiger departs, you see a flying fish on the horizon....



Fish Overhead a beautiful fish floats near the boat. See him swim around the space, diving down to greet you, follow his movements and swim deeper and deeper down into a world of phosphorescence.

UV - light glows and all kinds of wonderful, coloured sea creatures appear - spinning jellyfish, octopus and squid, sea snakes and sea spiders, wibbly wobbly anemones, all with their own individual movement qualities. Feel the textures, swim under glowing net cloths, play metallophone water music. Draw glowing patterns on boards and paint yourselves with bright, coloured face-paints, before swimming away home.



Observations Sailcloth lifeboat made a light, easily accessible 'safe' space for 'holding' group. Ocean drums worked well, not too noisy and clients were fascinated by the rolling balls. Suncream offered good opportunities for calm, relaxing 1-1 work - many clients allowing and returning touch. Tiger was a great character, everyone overcoming initial fear and interacting with him in a positive way. Helium fish was magical as ever, raising eye-lines and encouraging tracking. UV section engaged all participants in different ways - variety of props meant there was something to engage everyone

