

## Mindscape

**Environment** Kapok filled mosquito tent at low end. A white quilted environment covers high end. Clear globes in craters hold shredded glitter threads and ping pong balls. White hanging hoops, white ventilator tubes, moonhoops, large and mobile mirrors, large timp base, starry white balloons, clear corrugated plastic. Vibratones and microphone. Small light globes, marshmallows



**Whitescape** This is a totally exploratory landscape encouraging play with all objects - seeing glitter sparkle and change colour in the lights, feeling texture, pulling out threads, rolling round in globes. Throwing, catching balls in hands/globes/timpani, through hoops, rolling round in globes, down tubes, down plastic sheeting, over moonhoops/mirrors, dropping onto mirrors. Wearing globes on hands, feet, heads, listening to change in sound, calling and listening down tubes, peeping through tubes.



**Vibratones** Musical section built slowly, listening to wah-wah sounds of instruments, creating an eerie soundscape. Add vocals with microphone.



**Light globes** As night falls in this strange landscape, glowing light balls appear, moving slowly around the space in the dark. Soft marshmallow sweets to end, create light pathway to exit.



**Observations** Being in one white landscape gave a feeling of group unity and maintained most of group in one space with odd isolated characters who dropped in and out. The free improvised 'play' element of the workshop enabled not only lots of focused 1-1 work, but also encouraged a great deal of inter-peer interaction, which is quite unusual. Finding new and unusual activities to try out with the props was lots of fun and highly inventive! The introduction of the vibratones had a great calming effect after the somewhat boisterous play of the previous section. Good listening and focus and some lovely vocal work with microphone. Light globes were magical and drew visual tracking and following, as well as movement and dance. Marshmallows a welcome treat.

