

Moonscycle

Environment Water sounds with water bottles, woks, gongs, bowls. Giant silk sea waves linking spaces. Giant moon (weather balloon) with rotating moon projected on surface, moon hoops, large free-floating balloons, wobbleboards, chocolate button moons.

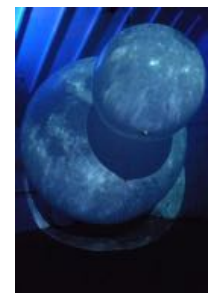


Water Sounds Explore how sounds change when water moves in them. Feel vibrations in water bowl, hit woks underneath and listen to singing sounds and see water jump and vibrate, use singing bowls and gongs for sustained wah-wah effects. Add water bottles - listen to sound of water sloshing back and forth, use beaters and feel vibrations, sounds changing as water moves. Build gentle rhythms and sing the water.



Silk seas Create tidal waves with the silks. Clients moving under the waves, swimming, floating, watching the rippling water as it sways to and fro. Jump into, swim in the waves on the floor, watch as tidal ripples run the length of the cloth. Wrap yourselves up in water.

Moon Spinning projection of moon on giant weather balloon, See it, walk round the dark side, touch the moon, hear it 'wobble' when tapped by ear, sing into it. Catch the projections on moon hoops, make shadows, see them spin, roll them along the floor, dance with them, make pathways and step from moonstone to moonstone, hide under them. Watch the large floating balloons floating across projection. Bounce and spin them through the lights. Then settle and enjoy chocolate button moons as the giant moon spins.



Observations Water sound section v. focused and exploratory. One handled woks worked better than two. All sounds complimented each other well and were generally played very sensitively. Water bottles changed the dynamic and added true water sounds + rhythm. Good for rolling too. Silk seas bridged the two focused sections with some good, free movement work. Giant moon incredible - drew us into space, clients eager to touch and play with it. Loved being near it, beside or underneath, kept returning. Thursday's 'lunar explosion' meant the Friday groups did not have the pleasure, however both wheelchair and 'little ones' groups benefited from the space and the workshop was only a little less magical, thanks to the projection and other large balloons.

