

Nautilus

Spiral patterns drawn in the sand, spiral shells creating patterns, sand painting on mirrors, streamer spirals in the air....then underwater with sounds of the sea, to meet the nautilus swimming in the deep...

Environment

Create an ocean environment using blue organza draped around the space and blue/green lighting. A large sand area in the middle of the space surrounded by:

- Trays of spiral shells
- Mobile mirrors
- Pots of water/brushes
- Blue/white streamers
- Ocean drums and 'watery' instruments such as metallophones & small tubophones

Set up one side of the room for underwater nautilus projection. Nautilus puppets made by attaching goggle eyes and pipe cleaners to a white glove and inserting this through a coiled section of white flexible fan ducting. Foam tubes connected to the front create larger tentacles.

Costume – blue organza tabards

Music - Aphex Twin has recorded many fantastic albums of ambient electronic music that support underwater workshops beautifully. Try *Selected Ambient Works Volume 2* or *Drukqs*.

Activities

Sand & Shells – Explore the sand, feeling it between fingers and toes. Make footprints and pour it through your fingers. Draw patterns in the sand. Feel the different textures of the shells, roll them and create spiral patterns in the sand. Trays of sand can be used for wheelchair users.

Spirals – Paint watery spirals on mobile mirrors, then cover them with sand. Shake off the sand to reveal beautiful spiral sand paintings. See the patterns reflecting around the space in the lights. Create spirals and circles in the air using the streamers, encouraging movement and dance around the space.

Nautilus - Ocean drums bring the sound of the sea, as the lighting changes to 'underwater', play instruments to create a watery soundscape. Projection of swimming nautilus appears along with a large nautilus puppet, who wriggles his tentacles in greeting and encourages participants to come and say hello. A baby nautilus appears to welcome more timid participants. Play in the underwater world with the nautilus before swimming away home...

Links

Puppets/Sand/Underwater

Video

Nautilus