Rubber Duck

Environment Sparkly shower caps. Coloured shower curtain maze. Hidden duck puppet. Bathroom with shower, giant plug and taps, stripped plastic and plastic sheets, coloured shower sponges, different smelly soaps, nailbrushes, loofers, rubber starfish/jellyfish, bathmats, water sprayers, bubbles, electric fans, bubble machine. Metallophones. Giant inflatable duck containing lots of different, coloured, squeaky rubber ducks. Soft, fluffy bath towels, talcum, body cream, deodorant spray.



Shower curtain maze We've lost the duck, where can he be? Explore the maze, dance with the curtains, feel them wet and fragranced, see the daylight shine through, play with shadows, float them in the air, shake them and hear their sounds, rattle the curtain rings in the dish. Quack quack, the duck appears - play hide and seek as he dodges about, then stroke him and talk to him. But where's the big duck?

Run the Bath Let down the giant plug on its pulley, see it swing, tap it for sounds. Then turn the giant taps 'til stripped plastic water gushes out and covers the floor. Dance roll, play in the plastic. More water appears as giant plastic sheets ripple and roll over the space, catching the light. Play water music on metallophones. Dive under and over, then fill with coloured sponges and see them bounce and dance in the air. Don't forget to turn off the taps! Find sweet smelling soaps and wash arms, legs, faces, each other's backs. Stand in the shower and feel the fine mist from sprayers that fill the air with cooling water.













Bubbles and ducks The bubble machine fills the space with bubbles that swirl and dance in the moving air from the fans. Blow bubbles, hold in front of fans, catch them, pop them, feel them on your skin, sing bubble songs. The giant duck is enticed into this lovely space. Greet her and play with the different ducks, feel their textures, hear their sounds.









Chill Find big fluffy towels and dry yourselves/each other, then 1-1 massage with talc/cream - gentle end to a playful bathtime!

Observations In soaring temperatures, having doors open and sunlight and a breeze coming through created an entirely different feel to the space. Electric fans also helped to keep us cool. Bathtime was fun/playful. Clients enjoyed giant plug and taps. Gave lots of opportunities for 1-1 work in a relaxed setting. Also lots of humour - taking a shower, bubbles, sprayers etc. Drying off section worked well as a chill. A fun last workshop of the term.