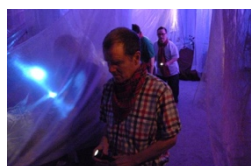
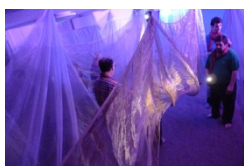
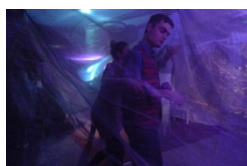


## Thistle (Tartan scarves/shawls)

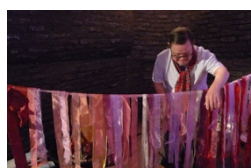
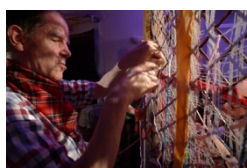
**Environment** Misty moor created with grey voiles hung across space, which can be drawn back as mists clear - low lighting and torches. Croft in the corner of space, large withy loom in the other + baskets of stripped cloths, ribbons and wool for 'weaving' a tartan rug. Harps and autoharps, a crackling fire, microphone for voice work. Shortbread treats.



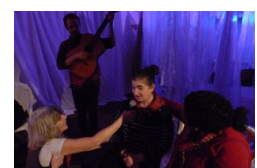
**Through the mist** Using torches, find your way through the misty voiles, calling to your friends, looking through voiles with lights, lighting faces, hands and feet. Hear a Scottish voice speaking (My Heart's in The Highlands - Robbie Burns) Get lost and find each other, follow the lights through, around, under the mist. See it swirling around you, shifting and curling, confusing your sense of direction.



**Croft and Loom** As the mist slowly withdraws, you find the little house on the hill and a loom. Weave yourselves a large 'tartan' rug to keep you warm. Play with the ribbons/wool, feel the textures, choose your favourite colours, drape over ribbons tied around space or thread through the loom, creating your own patterns. Dance with the ribbons, over/under, around. Celebrate with dancing and song when you have finished.



**Around the fire** As night falls, spread tartan rugs on the floor, or wrap yourselves up and light the fire. Play the stringed harps together and sing and vocalise using the microphone. Have tasty shortbread before you sleep under a starry sky.



**Observations** Grey voiles worked well hung horizontally across the space creating an unusual 'environment' to encourage travelling through. Torches added a fun element and a way of working with people who are not ambulant, providing focus and support for sight impaired participants. 'Weaving' gives opportunities for repetitive tasks which clients enjoy - allowing success on every level, whether creating patterns or simply enjoying textures and adorning the space. Mic work enables engagement on a variety of levels for whole group - can be just listening, enjoying others' sounds, making own sounds, speaking names of group or creating a story/song.

