Workwise Do It Sheets

Summer Term 2016

All at Sea
Temping in Tokyo
Gold Mine
Buddhist Monk
Science Laboratory
Bob the Builder
Bush Ranger
Marchand de Vin

- Write a diary
- Inspire your own art session
- Talk about what you



All at Sea...

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Nets

The fishing nets are full of rubbish! Sort it all out and place in 'trugs', singing while you work.

Storm

Get into the boat and head out to sea. A storm blows up and giant waves roll all around you. Man overboard! Dive in and save them

Orca

The storm dies down so throw out your nets and start fishing....is that Orca we see?

Say hello before sailing home.

To Do: Make a sea-scene with apple boats and cheesy biscuit fishes. Create a storm in a bottle with coloured water and oil. Shake it up and see the boat bob up and down. Sort out your rubbish and take a trip to your local recycling depot.







Website of the week: http://www.bracknell-forest.gov.uk/recyclingrubbishandwaste Also visit our own site www.innersense.org.uk for more inspiration

This term has been made possible with funding from: Awards for All, Lloyds TSB, Garfield Weston & Grants for Arts, LDDF

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Temping in Tokyo...

Sushi chefs

Get to work chopping veg, feeling rice and seeds and making handprint fish on the plates. Play rhythms with chopsticks

Sushi Bar

Load plates on trolley and serve customers. There is a giant walk-in aquarium for you to enter and explore, while Nemo swims around above your heads

Karaoke

Settle at tables for your meal and have fun with the karaoke

To Do: Create your own fish scene with handprints in different colours, make your own rice krispie sushi with fish sweets or make some pretty Japanese carp. Visit "Yo Sushi" in The Oracle, Reading and try the real thing or relax watching the aquarium video at website below.







Website of the week: https://www.youtube.com/watch?v=qdUOH3GeqxY Also visit our own site www.innersense.org.uk for more inspiration

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Into the mine

Gold Mine...

Make your way cautiously down the tunnel. See gold glinting in the dark rock. Use boomwhackers to dig it out, then gather in buckets and bowls and hear the sound as it rolls around in water. Sieve nuggets out of the sand and gravel. Pull seams of gold out of the rock

Gold

Gather together all the gold you have mined and return to the surface where you celebrate with singing and dance, accompanied by your bottle top boots and sticks

King of Bling

Meet this very important fellow who brings gold jewels, bracelets and necklaces for you to wear and tasty gold nuggets for you to taste.

To Do: Make a variety of bottle cap shakers. Pubs are very good at saving them for you! Or how about golden cornflake cakes (see website below)









Website of the week: http://yumblog.co.uk/archives/5886 Also visit our own site www.innersense.org.uk for more inspiration

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> InnerSense, Shalva, Ravenswood Village, Nine Mile Ride Crowthorne, Berkshire RG45 6BQ

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Buddhist Monk...

Going Forth

Put on your robes and go forth with your bowls. Find the rice swinger, see it make patterns on the floor. Catch grains of rice in your bolws and on instruments

Cleansing

Meet the chief monk (puppet). Find the water bowls and hot, scented flannels. Cleanse your faces, hands and feet and anoint with oils.

Bodh Gaya Tree

Bring flowers and incense to the shrine by the Bodh Gaya tree. Settle on mats and play bells and gongs in a celebration ceremony.

To Do: Make coloured rice (see website below) or a plain rice picture on a dark background. Have fun sorting coloured beads into different containers, then string into prayer beads.







Website of the week: http://www.frugalcouponliving.com/colored-rice-recipe-tutorial-diy-pinterest-craft/ Also visit our own site www.innersense.org.uk for more inspiration

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Science Lab...

Bubbles

See the bubbles in the air, catch them, pop them, blow some more. Coloured bubbles rise in tubes. Blow through straws and catch bubbles on paper plates

Water gels

Dip your hands in bubble bowls and feel them wobble and slide as underneath coloured lights glow through them

Fibre optics

Lights dim and coloured dream torches dance in the dark. A fibre optic character appears and encourages you to dance with his friends (projected on wall)

To Do: Bubble prints are fun, just mix washing up liquid, paint and water and blow with a straw, then put paper on top to print, or paint colours onto bubble wrap. Put drops of food colouring into milk then hold a cotton bud coated with soap still in middle and watch the colours move. To make a 'lava lamp' see website below



Website of the week: https://sciencebob.com/blobs-in-a-bottle-2/ Also visit our own site www.innersense.org.uk for more inspiration

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Bob...

Builders

Put on your hard hats and high vis waistcoats, there's work to do, but make it safe with cones and hazard tape before you start. Heavy carpet tubes to lift, roll and play rhythms on, smaller tubes to roll, bounce and call through.

Cathedral

Renovations required, rebuild the walls with white boxes, lower in the corrugated roof and set the giant stained glass window

Colours

See the colours through the window, light up the 'colour' bricks, play the coloured bells and sing like a beautiful choir

To Do: Carpet tubes are fun and can be used for play or to make a variety of furniture/decorations. Carpet rite will often give you free ones - be inventive! An old cardboard box can quickly be turned into a house- put tealights inside. Or try making your own stained glass windows (see website below)











Website of the week: http://www.playideas.com/25-beautiful-stained-glass-crafts-for-kids/ Also visit our own site www.innersense.org.uk for more inspiration

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Bush Ranger...

Rainforest

Explore the rainforest, see what you can find hiding in the leaves - snakes, insects, spiders - some are tasty...others are not! What sounds do they make?

Turkey mound

Meet the turkey puppet on her mound. She has laid lots of eggs which she gives you for your dinner. gather and take to cook in fire.

Smoking Ceremony

Light the fire, decorate yourselves with face paint ready for 'smoking ceremony'. Light the 'smudge stick' and smell its fragrance as you build rhythms with clapsticks and chant together. Taste the sourworms you caught for dinner.

To Do: Visit a living rainforest (http://www.livingrainforest.org/visit/) or create your own with giant palm leaves, snakes and insects. Decorate 'clapsticks' or stones and tap together to make rhythms









Website of the week: http://yougrowgirl.com/homegrown-smudge-sticks/ Also visit our own site www.innersense.org.uk for more inspiration

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Marchand de Vin...



Grapes are hanging underneath the vines. Gather purple and green grapes and see them roll around in bowls and baskets. Press the 'water gel grapes' with fingers and feet – making wine for the wine bar

In the Bar

Dress up for a night out in Paris. Settle at tables and see the people passing by, hear music and dance, play the bottle xylophone

Wine tasting

The waitresses come and offer you red or white...to go with your bread and cheese.

Look out for the mouse. Bon appétit!

To Do: Here are some ideas of things you can do with old wine bottles. Or try some French cooking - crepes with strawberries and cream are tasty, or for the more adventurous chefs, visit website below.









Website of the week: http://www.bbcgoodfood.com/recipes/collection/french Also visit our own site www.innersense.org.uk for more inspiration

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